

Drugs without the hot air

Making sense of legal and illegal drugs

By David Nutt

Keynote

The new expanded and revised second edition of the best-selling *Drugs without the hot air*. A no-nonsense book from drugs expert David Nutt. Trade/academic crossover: first edition used internationally as text book.

Description

The dangers of illegal drugs are well known and rarely disputed, but how harmful are alcohol and tobacco by comparison? What are we missing by banning medical research into magic mushrooms, LSD and cannabis? Can they be sources of valuable treatments?

The second edition of *Drugs without the hot air* looks at the science to allow anyone to make rational decisions based on objective evidence, asking:

- What is addiction? Is there an addictive personality?
- What is the role of cannabis in treating epilepsy?
- How harmful is vaping?
- How can psychedelics treat depression?
- Where is the opioid crisis taking us?

Audience

All those affected by drugs: users, parents, teachers, doctors, police, politicians, policy-makers and social services.

Sales and Marketing Highlights

David Nutt hosts **The Drug Science Podcast**. 'Drugs' is included on the **BBC Science Focus' 'Best Books of 2020'** list and has been featured on **Cory Doctorow's blog**, in **BBC Science Focus magazine** and **The Scientist**.

Competing Titles

- Chasing the Scream, Hari • Drugs 2.0, Power • Narcomania, Daly & Sampson

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Chapter 9. What is addiction? Is there an “addictive personality”?

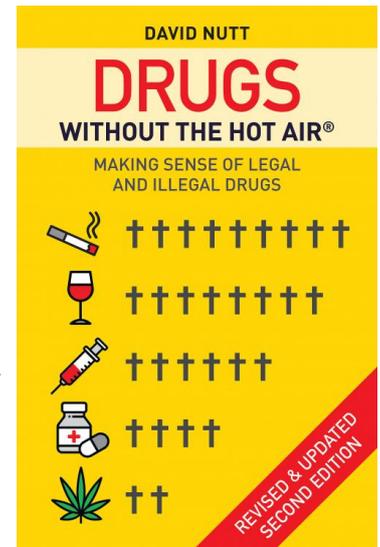
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Chapter 15. Can drugs improve physical and mental performance?

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The Author

David Nutt is a psychiatrist, the Edmund J Safra Professor of Neuropsychopharmacology in Imperial College London and chair of DrugScience. The Times Eureka science magazine voted him one of the 100 most important figures in British Science.

Review Quotes

"There's a lifetime's worth of knowledge and research to dig into here but thanks to Nutt's direct, no nonsense writing style the book also serves as a masterclass in science communication."

BBC Science Focus magazine

"I don't think you could ask for a more sensible, clear-eyed, and useful book about drugs, from the ones your doctor prescribes to the ones your bartender serves you to the ones you can go to jail for possessing. Nutt is not just a great and principled campaigner, nor merely a talented and dedicated scientist - he's also a superb communicator."

Cory Doctorow

"*Drugs with the Hot Air* is the perfect book for anyone who wants to understand drugs, their risks and benefits. David avoids all the prejudices and misinformation, common in too many documents in this field. He writes simply. He is a pleasure to read."

Baroness Meacher, House of Lords

"We've long been in the grip of extraordinarily destructive drugs policies. There is no better guide to how to get out of this mess than David Nutt. Written by one of the most distinctive voices in the field, *Drugs Without the Hot Air* offers the basis for a pragmatic, science-based drugs policy. From alcohol and smoking, cannabis and crack, to the contemporary opioid epidemic, Nutt punctures the myths and tells it like it is. A manifesto and a must-read."

Tim Newburn, Professor of Criminology & Social Policy, LSE

"Engaging, informed, contemporary and wise: David Nutt's new edition will inform anyone touched by the myriad psychoactive chemicals we call drugs. That's everyone."

Peter B Jones, Professor of Psychiatry, University of Cambridge

"The amazing Professor David Nutt has done it again. The must-read second edition has even more drugs and even less hot air!"

Prof Val Curran, Director UCL Clinical Psychopharmacology Unit

"A clear and reasonable perspective on a complicated and controversial area from an expert unafraid of talking sense to power about addictive drugs, legal or illegal."

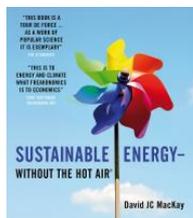
Ed Bullmore, Professor of Psychiatry, University of Cambridge and Author of "The Inflamed Mind"

"*Drugs without the hot air* is a highly readable and informative survey of the current state of play on recreational drug use and abuse by one of our leading clinical psychopharmacologists. David Nutt confronts the many controversial issues concerning both legal and illegal drug use, including its political regulation, with a combination of common sense, evidence-based argument and passion."

Trevor Robbins, Professor of Cognitive Neuroscience, University of Cambridge

"Professor Nutt takes the reader on a fascinating journey into the history and science of psychoactive substances – legal and illegal – and explores the disconnect between the science and policy. He effectively tackles media scare stories deconstructing the evidence and challenging dominant narratives around drugs. Most importantly Professor Nutt highlights the damage done by the War on Drugs and considers alternative approaches to reduce the harms of the illicit drugs trade. This book is for anyone interested in learning about drugs and drug policy - it is accessible, engaging, thought-provoking and there is definitely not a hint of hot air."

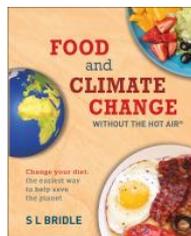
Niamh Eastwood, Executive Director of Release, Centre of expertise on drugs and drugs law



Sustainable Energy - without the hot air



Sustainable Materials without the hot air



Food and Climate Change without the hot air